



# Aikido Victoria (Aiki-Kai) Inc.

Official Representative Organisation of the Aiki-Kai Foundation

and Aikido World Headquarters, Tokyo, Japan

Established 1968

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[www.aikidomelbourne.org.au](http://www.aikidomelbourne.org.au)

## COVID19 Safety Plan for Aikido Victoria Dojos

**Version 5: As at 3 October 2022** prepared by Linda Godfrey, Victorian Area Representative, 0418 391 784, email [godlinda@gmail.com](mailto:godlinda@gmail.com)

The purpose of this COVID Safety Plan is to keep students of Aikido Victoria as healthy and safe as possible under the current COVID 19 operating restrictions. First and foremost, whilst we already practice aikido safely, we all wish to train in a virus free environment which is kept virus free – all the measures outlined in this Covid19 Safety plan aim to achieve this goal first and foremost. Achieving this is everyone’s responsibility and this plan reflects that all in the aikido community have a role. It will be revised as required as and when conditions and restrictions change. Each update will be reflected in the date and version.

Aikido Victoria’s Covid19 Safety plan is compliant with National organisation’s Aiki Kai Australia: Sport specific Covid-19 safety plan on [www.aikido.org.au](http://www.aikido.org.au) It reflects the conditions and requirements in the State of Victoria as per DHHS, Victorian Roadmap for Aikido Victoria and additional requirements deemed essential for the safety of members in Victoria who are training in aikido.

### General Health

Prior to training all students should consider whether they or family members or house members are experiencing any cold like symptoms?

Whether they have been in contact with someone with Covid10.

If yes, to any of the above, the student should not come to training.

## **Face Masks**

The wearing of face masks is optional. Any student who trains with a student who is wearing a mask should ask if they require their partner to wear one. A student who is wearing a mask is under no obligation to train with students who are not wearing a mask.

## **Children's Classes**

Children's indoor classes are permitted instructors are empowered to decide whether they are willing to teach unvaccinated children.

## **RAT Tests**

### **Regular dojo training – not required**

### **State Events/Special Days of Training**

Daily RAT tests are required for Aikido Victoria State. Students must produce a photo of the RAT test taken on each day of training. The mobile number of each student to be recorded. These records will be destroyed after 7 days.

For weekend events, a reminder notice is issued to remind students to do a RAT test on the Tuesday/Wednesday after an event given that if 5 students test positive within 7 days Aikido Victoria will notify DHS via the Outbreak Notification Form

RAT tests will be provided free of charge to anyone in need.

<https://dhvicgovau.powerappsportals.com/outbreak-notification/>

### **National School – Melbourne University Sports Admin**

Daily RAT test/Time date photo required to be sighted and recorded against the student name prior to entry to the dojo.

Interstate students to be provided with sufficient RAT tests for the school duration as part of registration fees.

Victorian Students BYO RAT test as per State Events

### **Dojo Manager Responsibilities**

The dojo manager for each dojo is responsible for ensuring that all instructors in that dojo understand comply with the Aikido Victoria Covid19 safety management plan. Any issues are to be escalated to the Victorian Area Representative, Linda Godfrey 0418 391 674, [godlinda@gmail.com](mailto:godlinda@gmail.com).

The dojo manager for each dojo is responsible for ensuring that we Aikido Victoria as the hirer of any facility complies with the Covid19 safety management plan of the rented/leased facility. The Victorian Area Representative or delegate will conduct random inspections to ensure compliance.

## **Dojo**

- Use alcohol-based hand sanitisers between training partners
- Ensure as much ventilation as possible, use ceiling fans, fans in general, open doors and windows as much as possible to obtain cross ventilation
- Clean mats before and after every class - cleaning and disinfect the mats before and after the class in shared facilities but after in exclusive use facilities where the mats are permanently laid.
- Wipe down and sanitize personal weapons before/after class
- Wear footwear to/from mat (except for Summer School)
- Ensure adequate cleaning and sanitizing supplies are available
- Ensure spare disposable masks are available

## **Communication Plan for Dojo Managers, Instructors and Members**

Aikido Victoria Website, Facebook and email will be used to regularly inform members

