

Clifton Hill Dojo

Training Timetable

Effective 18th January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 – 7:30am Anna Margetts / Jason Maling		6:30 – 7:30am Dennis Harbard Sensei		6:30 – 7:30am John Watson Shihan	10 – 11:30am Joe Giovinazzo Sensei	
					11:30am – 12:30pm Yudansha Workshop	
					1 – 2pm Jose Sicurella / Joe Costa / Christina Samson	
6 – 7pm* Wei Yng Chua / Simon Pearce Sensei	6 – 7pm* Mark Turner Sensei / Andrew Chambers Sensei	6 – 7pm* Adrienne Cleaver Leong / Christina Samson	6 – 7pm* Alfred Camilleri Sensei / Paul Bury	6 – 7:30pm Greg Giannis / Tim Richards		
7:15 – 8:30pm Geoff Savage Shihan	7:15 – 8:30pm David Brown Shihan	7:15 – 8:30pm Ray Oldman Shihan	7:15 – 8:30pm Robert Botterill Shihan			

6 – 7pm classes:

- Basic syllabus with a focus on energetic and continuous training.
- There will be minimal talking to enable continuous training.
- The class is to be used as a warm up for the Shihan classes.